

HELMET PLEDGE AND CONTRACT

“I promise to wear my helmet during all bike-riding activities. I know this will help protect my brain and life in case of traumatic injury. My brain is the only one I have and I need to protect it.”

(Student) I promise to:

- Wear my helmet every time I ride my bike.
- Ride on the right, in the same direction as traffic.
- Follow all traffic signals and signs and use my hand signals.
- Look left, then right, then left again before entering the street and at intersections.

(Parent) I promise to:

- Make sure your helmet and bike fit correctly and insist that you wear your helmet when you ride.
- Make sure your bike is working properly • Teach you the correct hand signals
- Teach you the rules of the road

Student Signature

Parent Signature

Thank you for taking safety seriously and promising to protect your brain with a helmet. If your helmet is in an accident then please contact us regarding a replacement.



Compliments of Attorney Doug Landau
Please wear your helmet and ride safely.
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